



# Health Benefits



Putting the pieces together to improve your health

## FSA SAMPLE ELIGIBLE EXPENSES FOR FSA REIMBURSEMENTS

### Eligible Healthcare FSA Expenses

- Acupuncture
- Alcoholism treatment
- Ambulance hire
- Artificial teeth/dentures
- Bandages
- Blood pressure monitors
- Braces
- Braille-books and magazines
- Breast pumps and lactation supplies
- Cancer screening
- Chiropractors
- Chondroitin
- Co-insurance amount you pay
- Co-pay amount you pay
- Condoms
- Contact lenses and eyeglasses
- Contact lens solutions
- Cold/Hot Packs
- Cost of operations and related treatments
- Crutches
- Deductible medical coverage (amounts you pay)
- Dental fees
- Diabetic supplies
- Drug addiction treatment
- Eye exams, eye glasses, eye surgery
- Fertility treatments (in vitro fertilization, surgery)
- Glucosamine
- Guide dog/service animal (including purchase, maintenance)
- Infertility treatments
- Intellectually/developmentally disabled person's school and education (i.e., payments made for a mentally impaired or physically disabled person to attend a special school including tuition, meals and lodging)
- Hearing devices and batteries
- Hospital services
- Incontinence products
- Insulin
- Laboratory fees
- Lead-base paint removal (for children with lead poisoning)
- Medical alert bracelets
- Medical information plan
- Mentally handicapped persons cost of special home care
- Nurses fees (including nurses' board and social security tax paid by you)
- Obstetrical expenses
- Operations
- Oxygen
- Prenatal vitamins
- Pregnancy tests
- Prosthesis
- Psychiatrists' and psychologists' fees
- Radial keratotomy and Lasik eye surgery
- Roling therapy
- Routine physical & other non diagnostic services or treatments
- Smoking cessation programs
- Speech Therapy
- Special education for the blind
- Special plumbing for handicapped
- Sterilization (i.e., tubal ligation, vasectomy)
- Surgical fees
- Telephone, special for hearing impaired
- Television audio display equipment for hearing impaired
- Therapeutic care for drug and alcohol addiction received as medical treatment
- Thermometers
- Transportation expenses for person to receive medical care
- Vaccines
- Walkers
- Wart removal medication
- Wheelchair
- X-rays
- Allergy medication, nasal sprays -Rx
- Arthritis pain relieving creams -Rx
- Athlete's foot treatment, anti-fungal creams -Rx
- Birth control -Rx
- Cold medicines, tablets, syrups, cough drops & lozenges -Rx
- Compression Hose -LOMN
- Diaper rash ointment -Rx
- Dietary supplements -LOMN
- Doula -LOMN
- Ear wax removal kits -Rx
- Eczema treatments -Rx
- Exercise programs or equipment -LOMN
- Fiber supplements -Rx
- First-aid cream -Rx
- Hemorrhoid treatments -Rx
- Humidifier -LOMN
- Hypnosis -LOMN
- Lactose intolerance tablets -Rx
- Lamaze classes -LOMN
- Latex gloves -LOMN
- Laxatives -Rx
- Massage therapy -LOMN
- Menstrual pain relievers -Rx
- Mineral supplements -Rx
- Motion sickness pills -Rx
- Nasal spray and strips -Rx
- Nicotine gum, patches -Rx
- Occupational therapy -LOMN
- Orthopedic shoe inserts -LOMN
- Over-the-counter medications -Rx
- Petroleum jelly -Rx
- Rogaine® -LOMN
- Scooter, electric -LOMN
- Sinus medication -Rx
- Stomach & Digestive relief items -Rx
- Sunburn cream (Solarcaine) -Rx
- Toothache and teething pain relievers -Rx
- Umbilical cord blood storage (temporary) -LOMN (permitted if the blood is collected as part of the diagnosis, treatment or prevention of an existing or imminent condition)
- Urinary pain relief medication -Rx
- Varicose vein, treatment of -LOMN
- Vitamins -Rx
- Yeast infection medication -Rx

### Eligible Expenses Only with a Prescription (Rx) or Letter of Medical Necessity (LOMN)

- Analgesics, fever reducers, pain reducers (aspirin, ibuprofen, acetaminophen) -Rx
- Antacids and heartburn relief -Rx
- Antibiotic ointments -Rx
- Anti-itch creams and hydrocortisone creams -Rx



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## FSA SAMPLE ELIGIBLE EXPENSES FOR FSA REIMBURSEMENTS

### Never Eligible

- COBRA premiums
- Concierge service fees
- Cosmetic products and cosmetic surgery (unless to remediate damage from an illness or injury)
- Disposable diapers
- Diet program foods
- Electrolysis
- Feminine hygiene products
- Fitness programs\*
- Hair transplants\*
- Hand sanitizer
- Household help
- Maternity clothes
- Teeth whitening\*

\*Unless prescribed by a doctor to treat an existing illness or injury.

### Eligible Dependent Daycare FSA Expenses

- Babysitters
- Daycare centers
- Nursery schools
- After-school programs
- Day camp
- Eldercare
- (Overnight camps are NOT eligible)

### P&A Group Customer Service

Expense eligibility is subject to change. If you are unsure if an expense is eligible for reimbursement, please call the P&A Group at (844) 638-1900 or chat with a customer service representative through our online chat available at [www.MD.padmin.com](http://www.MD.padmin.com). Customer service hours are Monday - Friday 8:00AM - 10:00PM ET.

